

WHAT MAKES YOU HAPPY?

Happiness - it means something different to everyone.

Here's what it means for our social media followers...

WHERE ARE YOU HAPPIEST?

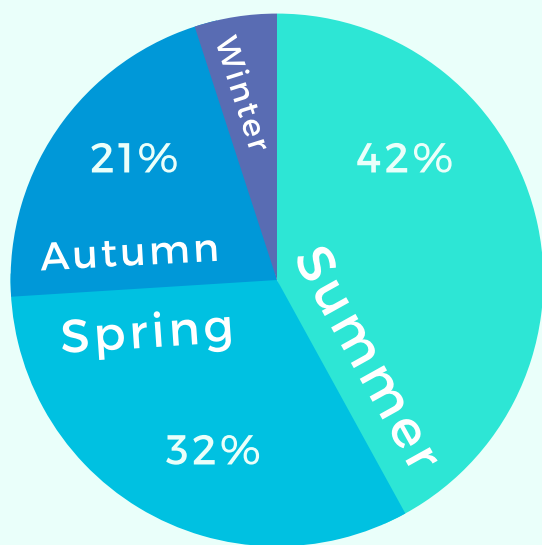


Apparently, home is where happiness is.

52% SAID
"AT HOME"

39% of people said that they are happiest on holiday, while only 9% of people are happiest at work.

WHAT TIME OF YEAR MAKES YOU HAPPIEST?



It's warmer weather and longer days that make people happiest.

Only 5% of people are happiest in winter.

WHEN YOU ARE HAPPIEST, WHO ARE YOU WITH?

33% said with their family and 11% said with friends.

56% SAID
THEIR
PARTNER

WHICH ASPECT OF WORK IS MOST IMPORTANT FOR HAPPINESS?

It looks like money isn't the be-all and end-all.

62% said "meaningful or enjoyable work"

23% prioritise getting on with colleagues, whilst 15% said progression opportunities are most important for happiness at work.