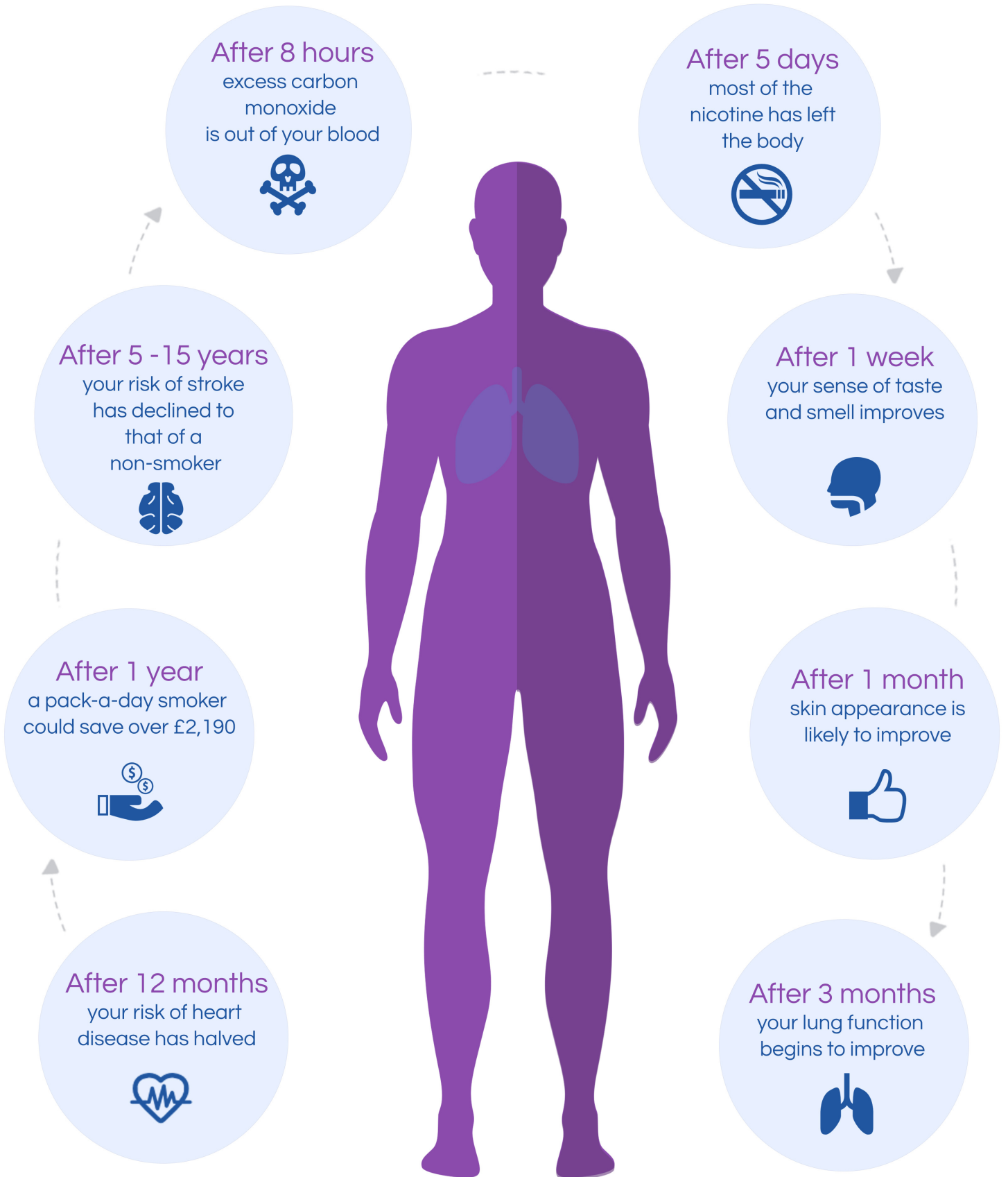


# The Benefits of Quitting Smoking



For help to quit smoking and find a hypnotherapist near you visit:

[www.hypnotherapy-directory.org.uk](http://www.hypnotherapy-directory.org.uk)